



Serving Eastern Maine
Since 1973

Eastern Area Agency on Aging

Commodity Supplemental Food Program (CSFP)

The Commodity Supplemental Food Program (CSFP) works to improve the health of low-income elderly persons, at least 60 years of age, by supplementing their diets with nutritious USDA Foods.

These monthly food packages include a variety of items, such as:



- nonfat dry and ultra-pasteurized milk, and juice,
- farina,
- canned meat, poultry, or fish,
- oats, and ready-to-eat cereal,
- rice and pasta,
- peanut butter,
- dry beans,
- and canned fruits and vegetables.



Eligibility for CSFP

- At least 60 years of age
- Household income below 130-percent of the Federal Poverty Income Guidelines.
- You must submit proof of income with application.

Frequently Asked Questions

Q: How do I get CSFP?

A: Once your application has been approved, you'll choose one of our convenient distribution locations to pick up your food. You will be given a calendar with pick-up dates and times.

Q: May I send someone to pick up for me?

A: Yes. There is a form that allows you to designate someone to be your proxy.

Q: What If I don't pick up?

A: Your product will be given to some else. If you miss two months in a row, you will be removed from the program.

Q: May I participate in Food Cupboards or other food relief programs if I am on CSFP?

A: Yes. However, you may not receive Meals on Wheels.



Serving Eastern Maine
Since 1973

**Eastern
Area Agency on Aging**
1-800-432-7812
eaaa.org