



Serving Eastern Maine
Since 1973

Eastern Area Agency on Aging

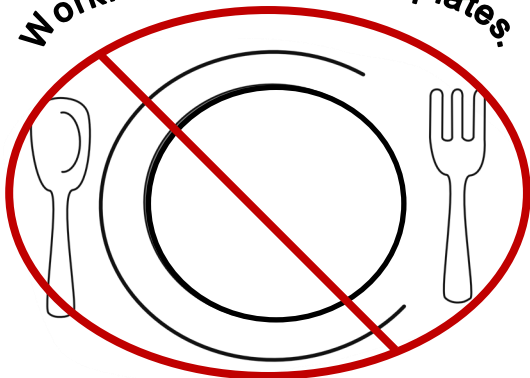
Food Insecurity Solutions

The Food Insecurity Solutions Program's goal is to keep seniors from living with hunger. The reasons a senior is not eating well are varied and can range from lack of money and transportation, or even poor oral health.

FISP is targeted to clients identified as being at high risk of malnutrition and food insecurity in Hancock, Penobscot, Piscataquis, and Washington counties.

The FIS Program determines a client's needs, investigates barriers and creates a plan to empower them to improve their food intake while providing resources to reduce barriers.

Working to end empty plates.



Food Insecurity Solutions actions

The program will:

- Conduct personal assessments to analyze the obstacles to good nourishment
- Develop strategies and a plan with the consumer/patient to overcome the obstacles
- Provide educational materials as appropriate
- Help coordinate and implement identified services and resources

The program is not ...

- detailed case management or health care professional work.
- an evaluation of health conditions.
- for clients in acute distress or an emergency situation.
- for clients who struggle with cognition.
- a selling point, recommendation or endorsement of any specific product, agent and/or company.



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eaaa.org