

November 2019 Menu for Community Cafes, Meals on Wheels & 3D Catering

Milinoeket Area



November 4, 2019
Monday

Chicken Pot Pie
With a Biscuit
Fruit and
Ginger Bread

November 5, 2019
Tuesday

Pizza Deluxe
Green Salad,
Fruit and
Whoopie Pie

November 6, 2019
Wednesday

Seafood Bake
Potato, Mixed Vegetable,
Roll, Fruit and
Pie

November 7, 2019
Thursday

Cheese Burger
Lettuce, Tomatoes,
Potato Wedges,
Fruit and Bread
Pudding

November 1, 2019
Friday

Baked Macaroni
and Cheese
Hot Dogs, Broccoli,
Roll, Fruit and
blueberry Cobbler

November 8, 2019
Friday

Chicken, Gravy
Potatoes, Peas, Roll,
Fruit and Pie

November 11, 2019
Monday

Café Closed
Smothered Beef
Potato, Green Beans,
Roll, Fruit and
Whoopie Pie

November 12, 2019
Tuesday

Chicken Nuggets
Fettuccini Alfredo
Mixed Vegetable
Fruit and
Cake

November 13, 2019
Wednesday

Chili and Corn
Bread
Cole Slaw,
Fruit and
Peanut Butter Bar

November 14, 2019
Thursday

Pork Chops
Potatoes, Green
Beans, Roll, Fruit
and Pie

November 15, 2019
Friday

Italian Sandwich
Macaroni Salad,
Fruit and
Cake

November 18, 2019
Monday

Pork Pot Pie
With a Biscuit
Fruit and
Strawberry Short
Cake

November 19, 2019
Tuesday

Lasagna
Green Salad,
Fruit and
Lemon Square

November 20, 2019
Wednesday

Baked Turkey
Potato, Squash,
Roll, Fruit
Pumpkin Pie

November 21, 2019
Thursday

Hot Dogs
French Fries,
Green Salad, Fruit
and Cake

November 22, 2019
Friday

Salisbury Steak
Mushroom Gravy
Potatoes, Carrots
Roll, Fruit and
Chocolate Pie

November 25, 2019
Monday

Chicken
Parmesan
Spaghetti
Green Salad
Roll, Fruit and
Ginger Bread

November 26, 2019
Tuesday

Yankee Pot Roast
Potatoes, Carrots,
Fruit and
Birthday Cake

November 27, 2019
Wednesday

Meat Loaf
Baked Potato,
Corn, Roll,
Fruit and
Whoopie Pie

November 28, 2019
Thursday

Café Closed

November 29, 2019
Friday

Café Closed



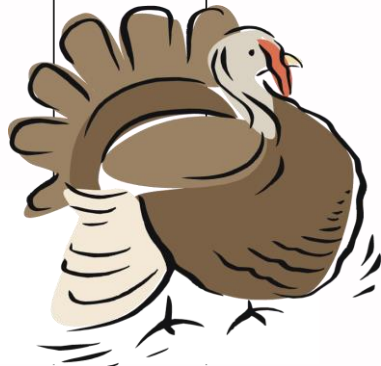
Suggested donation of \$4.00 for age 60 and older Community Café AND Meals on Wheels clients. Additional donations are greatly appreciated.
SEATING AT COMMUNITY CAFES IS BY RESERVATION ONLY. PLEASE SEE BACK FOR RESERVATION PHONE NUMBER

Happy Thanksgiving from Eastern Area Agency on Aging!



Eastern Area Agency on Aging Community Cafés

Penobscot		Piscataquis	Hancock	Washington
BANGOR --All Souls Congo Church 10 Broadway Mon, Wed & Fri --noon 404-5848	DEXTER -- Dexter Knights of Columbus Hall 179 North Dexter Rd. Tues & Thurs-noon-924-3458	DOVER —The Commons 162 E. Main St., Dover Weds-11:30 343-3018	FRANKLIN — Pinebrook Apts. 10 Pinebrook Rd Tues--noon 565-3382	CALAIS -- Palmer Lane Est. 72 Palmer Lane, Thurs 11:30 454-2215
BREWER -- Heritage Colonial Circle Ste 1 Wed & Fri- noon 404-5847	MILLINOCKET -- Stearns Senior Center Monday thru Friday -- 11:30 723-2045	MILO -- 3 River's Kiwanis Bldg. Tues-- 11:45 943-2488	PENOBSCOT -- 1st Methodist Church 14 Southern Bay Rd (Rt175) Mon-11:30 326-9488	MACHIAS -- Bluebird Restaurant - Dine Around Site - 78 Main Street 3 rd Mon of each month-- 11:30 454-2215
HAMPDEN -- Kiwanis Civic Center 1245 Main St. Thurs 11:30 862-5668			BROOKSVILLE -- Townhouse Coastal Rd Thurs noon 326-8864	LUBEC -- Sunrise Apts. 5 Emery Circle Tues & Thurs -- 11:30 454-2215
			ELLSWORTH — Meadow View Apartments 25 Tweedie Lane Weds -- 11:30am 356-8949	MEDDYBEMPS — Community Center. 849 Main St, third Tuesday-- noon 454-2215
			ELLSWORTH — Friends in Action 5 General Moore Way Tues & Thurs. -- Noon 664-6016	



CELEBRATE CORNUCOPIA FALL FAMILY
FEAST GRATEFUL HARVEST PIE PUMPKIN
THANKS TURKEY WISHBONE

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