

December 2019 Menu for Community Cafés, Meals on Wheels & 3D Catering Bangor Area

December 2, 2019
Monday
Braised Pork w/ White Wine & Herb Sauce
Mashed Potatoes
Broccoli & Green Beans
Wheat Bread
Dessert

December 3, 2019
Tuesday
Turkey Tetrizzini
Vegetable Blend
Wheat Bread
Dessert

December 4, 2019
Wednesday
Chimichurri Beef & Rice
Mixed Vegetables
Wheat Bread
Dessert

December 5, 2019
Thursday
Shells & Cheese
Peas
California Veggie Blend
Wheat Bread
Dessert

December 6, 2019
Friday
Chicken with Spinach
Tomato & Parmesan Sauce
Roasted Potatoes
Broccoli
Wheat Bread
Dessert

December 9, 2019
Monday
Lemon Dill Tilapia
Roasted Potatoes
Peas
Wheat Bread
Dessert

December 10, 2019
Tuesday
Chicken Paprikash
Egg Noodles
Broccoli
White Bread
Dessert

December 11, 2019
Wednesday
Mild Beef Chili
Red Beans & Rice
Wheat Bread
Dessert

December 12, 2019
Thursday
Pulled Turkey Breast
& Herbed Gravy
Mashed Potatoes
Peas and Carrots
Wheat Bread
Dessert

December 13, 2019
Friday
Honey Mustard Pork
Brown Rice Pilaf
Vegetable Blend
Wheat Bread
Dessert

December 16, 2019
Monday
Indian Style Chicken
Curried Rice
Broccoli
Mixed Vegetables
Wheat Bread

December 17, 2019
Tuesday
Garlic Pork
Roasted Potatoes
Mixed Vegetables
Wheat Bread
Dessert

December 18, 2019
Wednesday
Ham with Raisin Sauce
Mashed Sweet Potatoes
Broccoli & Cheese Casserole
Wheat Bread
Apple Pie
Happy Holidays!

December 19, 2019
Thursday
Ham with Raisin Sauce
Mashed Sweet Potatoes
Broccoli & Cheese Casserole
Wheat Bread
Apple Pie
Happy Holidays!

December 20, 2019
Friday
Turkey Stew
Cauliflower & Broccoli
Carrots
Wheat Bread
Dessert

December 23, 2019
Monday
Mediterranean Style Chicken
Chick Pea Brown Rice Medley
Broccoli
Wheat Bread

December 24, 2019
Tuesday
Meatballs w/ Marinara Sauce
Penne Pasta
Green Beans
Wheat Bread
Dessert

December 25, 2019
Wednesday
Cafes Closed
Merry Christmas!

December 26, 2019
Thursday
Garden Vegetable Lasagna
Mixed Vegetables
Wheat Bread
Dessert

December 27, 2019
Friday
Shepherd's Pie
Green Beans
Vegetable Medley
Wheat Bread

December 30, 2019
Monday
Chicken with Spinach
Tomato & Parmesan Sauce
Roasted Potatoes
Broccoli
Wheat Bread

December 31, 2019
Tuesday
Turkey Tetrizzini
Vegetable Blend
Wheat Bread
Dessert

January 1, 2020
Wednesday
Cafes Closed
Happy New Year!



Happy Holidays from Eastern Area Agency on Aging!

All meals are served with reduced fat milk. Some foods may contain MSG. Menu is subject to availability of item.

Cost is \$4.00 per meal for everyone under age 60.

Seating at Community Café is by **Reservation Only. Please see chart for café number.**

Suggested donation of \$4.00 for age 60 and older Community Café clients. Additional donations are greatly appreciated.

Eastern Area Agency on Aging Community Cafés

Penobscot		Piscataquis	Hancock	Washington
BANGOR --All Souls Congo Church 10 Broadway Mon, Wed & Fri --noon 404-5848	DEXTER -- Dexter Knights of Columbus Hall 179 North Dexter Rd. Tues & Thurs-noon-924-3458	DOVER --The Commons 162 E. Main St., Dover Weds-11:30 343-3018	FRANKLIN -- Pinebrook Apts. 10 Pinebrook Rd Tues--noon 565-3382	CALAIS -- Palmer Lane Est. 72 Palmer Lane, Thurs 11:30 454-2215
BREWER -- Heritage Colonial Circle Ste 1 Wed & Fri- noon 404-5847	MILLINOCKET -- Stearns Senior Center Monday thru Friday -- 11:30 723-2045	MILO -- 3 River's Kiwanis Bldg. Tues-- 11:45 943-2488	PENOBSCOT -- 1st Methodist Church 14 Southern Bay Rd (Rt175) Mon-11:30 326-9488	MACHIAS -- Bluebird Restaurant - Dine Around Site - 78 Main Street 3 rd Mon of each month-- 11:30 454-2215
HAMPDEN -- Kiwanis Civic Center 1245 Main St. Thurs 11:30 862-5668			BROOKSVILLE -- Townhouse Coastal Rd Thurs noon 326-8864	LUBEC -- Sunrise Apts. 5 Emery Circle Tues & Thurs -- 11:30 454-2215
		ELLSWORTH -- Meadow View Apartments 25 Tweedie Lane Weds -- 11:30am 356-8949	ELLSWORTH -- Friends in Action 5 General Moore Way Tues & Thurs. -- Noon 664-6016	MEDDYBEMPS -- Community Center. 849 Main St, third Tuesday-- noon 454-2215



Kiley & Foley Funeral Service

69 STATE STREET
BREWER, MAINE 04412
(207) 989-3311

299 UNION STREET
BANGOR, MAINE 04401
(207) 942-0392



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