

The Commons Café Dover March 2020

03-04-2020

Chicken Spinach Parmesan

Roasted Potato

Broccoli

Wheat bread & Dessert

03-11-2020

Shepherd's Pie

Green Beans

Mixed Veggies

Bread & Dessert

03-19-2020

Chicken Paprikash

Penne Pasta

Broccoli

Bread & Dessert

03-18-202

Salisbury Steak

Mashed Potato

Veggie

Wheat Bread & Dessert

All Meals are served with reduced fat milk. Some foods may contain MSG. Menu is subject to availability of item. Cost is \$4.00 per meal for everyone under age 60. Suggested donation of \$4.00 per meal for age 60 and older Community Café clients. Seating at Community Café is by reservation only. Call (207) 938-2709 or (800) 432-7812. Café direct Dexter 924-7624, Commons, 343-3018 Milo 943-2488,



WELCOME HOME!

Winterberry Heights
Assisted Living & Memory Care

932 Ohio St., Bangor, ME 04401

Winterberry Heights feels like home, with the additional services you need!

Monthly rent includes:

Three delicious, chef-prepared daily meals; 24-hour caring health staff; safety call system in every suite; weekly housekeeping/linen service; scheduled local transportation; planned activities, and so much more!

Call now for your complimentary meal & personal tour! 207-942-6002