



EASTERN AREA
AGENCY ON AGING

Caregiver Services

Caregiver Support Group

Join us by phone!



In response to CDC recommendations for social distancing, we are offering 2 phone in Caregiver Support Groups

Caregiving can get overwhelming. Talking about the experience with others can make a big difference.

**Please call us at 207-941-2865 by Monday,
May 11th to register.**

Phone number provided at registration

We welcome you to one or both group sessions

Tuesday, May 12th

and

Thursday, May 21

2:00-3:30 pm.