



EASTERN AREA
AGENCY ON AGING

Caregiver Services

Caregiver Support Group

Join us by...



In response to CDC recommendations for social distancing, we are offering virtual Caregiver Support Groups.

Caregiving can get overwhelming. Talking about the experience with others can make a big difference.

**Groups are held on the third Thursday each month
from 2-3:30pm.**

Phone access is also available to those without
internet connection.

**Register 48 hours in advance of the group you wish
to join by calling 207-941-2865**

Zoom link will be provided upon registration.

EAAA has HIPAA secure access via Healthcare Zoom to ensure your privacy.